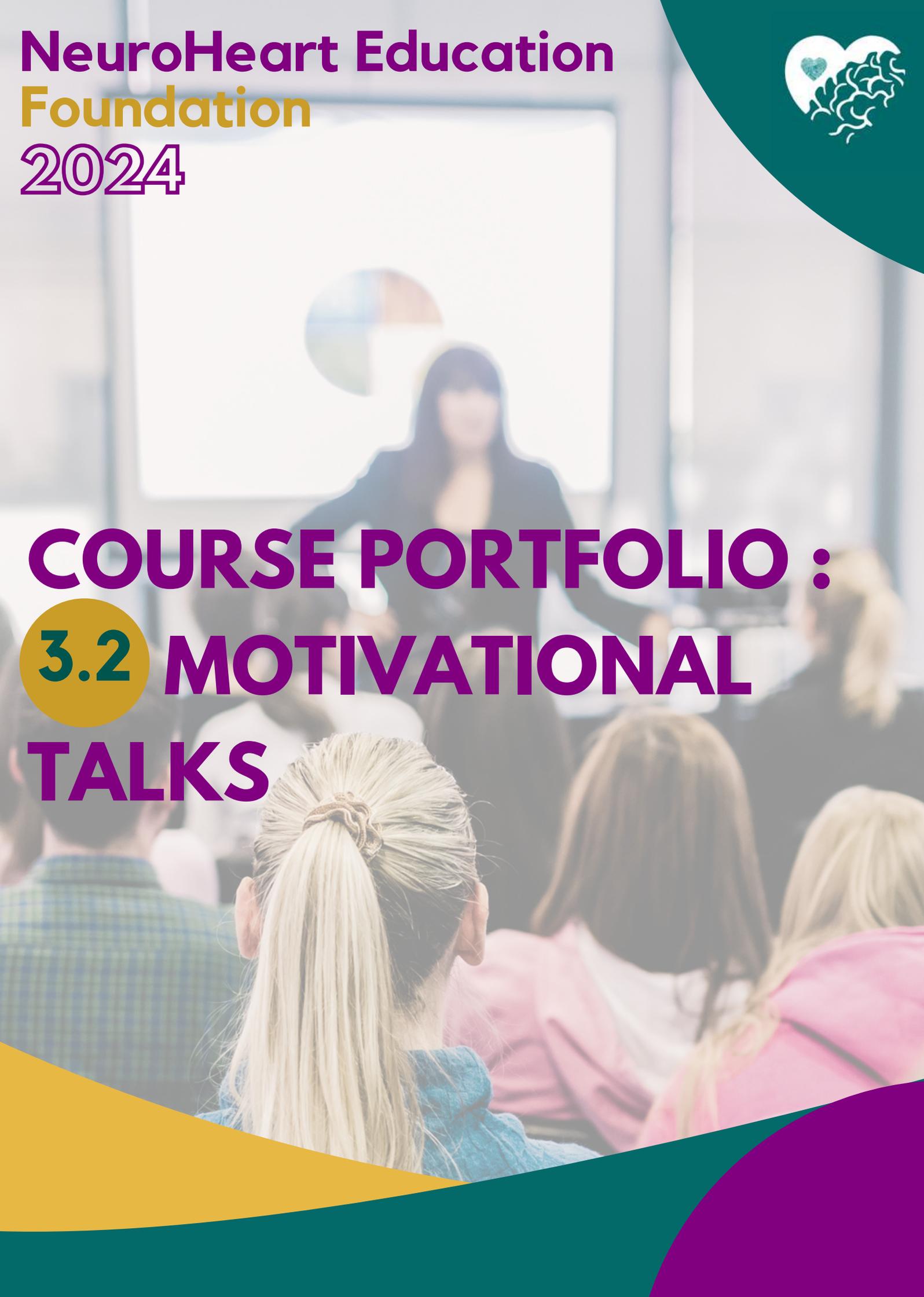


NeuroHeart Education Foundation 2024



COURSE PORTFOLIO : 3.2 MOTIVATIONAL TALKS



3.2 MOTIVATION TALKS

**DELIVERED BY
RACHEL AND THE TEAM OF
TRAINERS OF THE NHE
FOUNDATION**

ABSTRACT

We offer motivational talks for learners. This can be orientated towards how the brain likes to learn and how to make learning more effective or to motivation, vision and passion. We can orientate the talks to troubleshoot student issues or to bring hope and curiosity to learners.

Suggested titles for one hour talks for large groups of students:

- Let's talk about the brain and neuroplasticity
- Bringing hope to the classroom
- Where can we find motivation?
- Learning for life – life-long learning

STRUCTURE

On the basis of a 1 hour talk



ABOUT RACHEL

Rachel Marie Paling founded Efficient Language Coaching in 2008 and created the method Neurolanguage Coaching® . She started teaching English as a Foreign Language to adults over 35 years ago. She has a BA Honours in Law and Spanish, a Masters in Human Rights and Democratization (EMA) and qualified as a UK Lawyer in 2003. She combined her teaching experience, her specialisation in business English and her legal knowledge to coach top executives across Europe. She is a professional coach with the PCC Credential from the International Coaching Federation and also holds an MA in both Applied Neuroscience and Neuroeducation and Neuropsychology.

In 2020 Rachel realised her dream in creating the NeuroHeart Education Foundation, with a vision to transform teaching. The foundation seeks to make teacher communication more sensitized, optimised and effective; incorporating emotional intelligence, science of learning, heart science and coaching, to equip teachers with the necessary soft skills and communication skills for the diverse learners of today.

The foundation is offering training courses to teachers, schools, universities and educational institutions across the world, focusing on changing the way we teach, as well as teacher and student well-being, to enhance education in this globalized 21st Century world.



ABOUT DR JOSEPH

Dr. Joseph Rios holds a Ph.D. from Stanford University in International Comparative Education. He is former Pedagogy Lead, with Google Brain (AI/Machine Learning) and was Lead Instructor in Asia for the Columbia Business School's Venture for All entrepreneurship program before launching his own educational start-up. He serves annually as Model Entrepreneurship Competition (MEC) Judge and has over two decades of global experience as Director of Education, HR Consultant and Trainer to fortune 500 companies. He is based in Silicon Valley and is multilingual and multicultural.

Dr. Rios believes great ideas truly start young, and through knowledge, creativity, and a global perspective, entrepreneurship can inspire a new generation of changemakers who build bridges across cultures, fostering innovation, insight, and positive change for a better world.



ABOUT CLARE

I'm a licenced Professional Neurolanguage Coach® and Coach trainer (US and European trademark Rachel M Paling) – certified by Efficient Language Coaching and accredited with the International Coaching Federation.

Born in Northern Ireland, I spent many years roaming the United Kingdom before settling in France in 2009. I began my career in public relations and marketing, then moved to teaching English Language and Literature in state and private secondary schools. As well as working with pupils aged 11-18, I trained and mentored teachers, focusing on how to adapt teaching strategies and tools in order to engage and inspire young learners.

When I moved to France, I also made the move to teaching adult ESL learners. My work in research laboratories, heavy and light industries, business schools and the European institutions in Luxembourg, foregrounded two questions again and again: how do we learn best and how do we make room for real skills acquisition when we're faced with heavy demands on our time and energy?

These questions led me to search for, and find, Neurolanguage Coaching! In my spare time, I lift weights, listen to and play music, and try to learn as much as possible about why we think and act the way we do. I work in English and French, face to face and online.



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